

**DRUG UPDATES**

**EMBEDA**

(morphine sulfate and naltrexone HCl) Extended Release Capsules

King Pharmaceuticals

The first long-acting opioid designed to reduce drug liking and euphoria when tampered with. If the drug is crushed or chewed, naltrexone is released and absorbed with the morphine, reversing the morphine's subjective and analgesic effects.

**ONGLYZA**

(saxagliptin)

Bristol-Myers Squibb and AstraZeneca

Once-daily adjunct to diet and exercise to improve control of blood sugar in adults for the treatment of Type 2 Diabetes mellitus.

**ASTEPRO NASAL SPRAY 0.15%**

(azelastine)

MEDA

A nasal antihistamine with 50% more concentration than original Astepro and is dosed once-a-day for seasonal and perennial allergic rhinitis.

**INTUNIV**

(guanfacine) Extended Release Tablets

Shire

For treatment of attention-deficit hyperactivity disorder in children and adolescents 6-17 years old. Intuniv is **NOT** a controlled substance and has no known potential for drug abuse or dependence.

**EDIUAR**

MEDA

First available sublingual formulation of zolpidem for the short term treatment of insomnia. Available in 5mg and 10 mg sublingual tablets.

**VALTURNA**

Novartis

Formulation combines, in a single pill, the active ingredients of Tekturna and Diovan, which offers significantly greater blood pressure reduction than either drug alone. Available in 2 strengths: 150mg/160mg and 300mg/320mg.

**PRESCRIPTION ORIGIN CODE REQUIREMENT**

**REMINDER TO ALL PHARMACISTS**

As per the 2010 Call Letter, the Centers for Medicare & Medicaid Services (CMS) implemented the following changes, which became effective on January 1, 2010.

The NCPDP field 419-DJ "Prescription Origin Code" must be submitted for all new prescriptions. Only the following values will be accepted:

VALUE	DESCRIPTION
1	Written RX
2	Telephone
3	Electronic
4	Facsimile

Failure to submit one of the aforementioned values in the appropriate field, will result in your claim being rejected. In that situation, the claim will reflect this reject code:

**33—Rx origin code cannot be '0' on new claim**

**CENTERS FOR MEDICARE AND MEDICAID SERVICES BEGAN ENFORCING FRAUD, WASTE & ABUSE PROGRAM—JANUARY 1, 2010**

The Centers for Medicare and Medicaid Services (CMS) required downstream entities, (i.e. pharmacy providers), plan sponsors, and first tier entities to have a Medicare Part D Fraud, Waste and Abuse Program (FWAP) on January 1, 2009. However, CMS said that they would not begin enforcing this regulation until January 1, 2010 to allow pharmacy providers time to comply with all of the requirements.

Pharmacies are **NOT** required to complete training with each plan sponsor's program, but must complete an overall training program that includes the following:

1. Prevention of Fraud, Waste and Abuse Training for all personnel exposed to Medicare Part D  
Examples are, but not limited to: accountants, delivery drivers, clerks, in addition to, all professional personnel
2. Exclusion list verification, which must be completed on an annual basis
3. Quality Assurance Program implemented and ongoing
4. Each employee shall sign a Conflict of Interest statement on an annual basis
5. Each employee shall sign a Code of Conduct statement on an annual basis
6. Policy and Procedure Manual, which addresses state and federal rules compliance

Failure to comply with these standards may result in re-payment of previously paid claims to the applicable plan sponsors.

**HOW TO BOOST YOUR BRAINPOWER**

Do you sometimes feel as if your brain is running on empty? Here's how to keep it in shape so you can pump up your problem-solving abilities, fight forgetfulness and think more clearly and creatively.

**PRACTICE MENTALLY**

Studies of athletes indicate that imagining a baseball pitch or swim dive between competitions can boost performance.

**POSSIBLE REASON:**

Mental rehearsals may build mental 'muscle' by sparking the brain connections needed during the real thing.

**FOCUS YOUR ATTENTION**

**TO HELP REMEMBER WHERE:**

If you tend to misplace your car keys, for example: say to yourself, "I'm placing the keys on the hook in the foyer."

**TO HELP REMEMBER WHEN:**

Note the weather, the day's headline news or what you are wearing at the time of performing a task.



**USE IT OR LOSE IT**

Research suggests that as you age, you can reverse a decline in thinking abilities by becoming more mentally active.

**SMART MOVES:**

Study a new subject, play games like checkers and do crosswords and other puzzles.

**KEEP FIT**

Evidence shows that people in their 70s and 80s who stay healthy can expand their brainpower—and easily match the mental abilities of a 30-year old.

**HELPFUL:**

Keep physically active, manage stress and maintain a positive attitude.

**MORE MENTAL MUSCLE**

**BUILDERS:** Read more, eat more fruits and vegetables; use rhymes and acronyms to help remember facts and names.

**"QUOTE IT"**

A **GOAL**  
without a **PLAN**  
is just a **WISH**.

-Antoine de Saint Exupery



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